

Rachel's Vineyard Retreat Registration

I would like to Register for an upcoming retreat.

- Nov 14 - 16, 2008
 March 27 - 29, 2009
 Nov 13 - 15, 2009

Name

Street

City State Zip

(Area Code) Phone

E-Mail Address

To register, send registration form and \$45.00 deposit to:

Diocese of Madison
Office of Justice & Pastoral Outreach
P.O. Box 44983
Madison, WI 53744-4983

The retreat is held in the greater Madison area. Detailed information will be sent to you upon receipt of registration form and a deposit.

General Information

Location: Greater Madison Area

Cost: \$120.00

Deposit: \$45.00

For information please contact the Diocese of Madison, Office of Justice and Pastoral Outreach at 608-821-3086 or our website at www.madisondiocese.org or e-mail at HelpForYou@straphael.org

To ensure your reservation, please register by Nov. 3, 2008 for Nov 14 - 16, March 16, 2009 for March 27 - 29 and Nov. 2, 2009 for Nov 13 - 15.

If the reservation date has passed, please contact us to see if space is still available.

All correspondence with the Madison Diocese and Rachel's Vineyard will remain confidential.

Financial assistance is available.

If you or someone you know is hurting from abortion, call toll free 1-877-HOPE-4-ME or visit www.rachelsvineyard.org

Rachel's Vineyard Retreats



Spring and Fall Retreats

Madison, Wisconsin

*A time for hope and
healing after abortion.*

There is hope for you.

"Rachel mourns her children; she refuses to be consoled because her children are no more. Thus says the Lord: Cease your cries or mourning. Wipe the tears from your eyes. The sorrow you have shown shall have its reward. There is hope for your future."

Jeremiah 31: 15-17

A Rachel's Vineyard Retreat can help ease your suffering, renew your hope and bring healing to your heart. Every year, Rachel's Vineyard helps numerous women, as well as men, begin their journey towards recovery.

"I hesitated to come (to the retreat) because I knew it was going to be intense and I wasn't 100% committed to the religious concepts (or I was leery of them). The retreat far surpassed all my expectations. I have never witnessed so much healing and relief from anything else I have observed or experienced."

Rachel's Vineyard

Where Healing Can Begin.

Many people are affected by abortion; women, men, couples, grandparents, siblings, medical personnel and friends. Rachel's Vineyard weekend retreats offer the opportunity for anyone who has been affected, to restore hope for their future.

The retreat provides an outlet for grief, in whatever form it may have taken, and healing for your soul.

The retreat is a chance to get away from the daily routine, focus on the pain in your life and begin healing through a supportive and emotionally safe process.

You will be guided through exercises. Spiritual exercises to help you embrace God's forgiveness, compassion and mercy and psychological exercises to help you release your grief and anger.

At the retreat fears of condemnation and rejection will be transformed into blessings. Memories of abandonment, pain and confusion will be replaced by a sense of peace.

"For 18 years, I have been haunted with heavy guilt that no one could take away, tormented by thoughts of what my child would have been like. Through participating in Rachel's Vineyard, I was finally able to forgive myself. I know that God has given me a peaceful mind, cleansed my heart and has washed away my guilt."

You are not alone...

Every year, numerous women suffer the after-effects of abortion that can include the following:

- Feelings of emptiness & loss
- Intense grief or sadness
- Depression
- Guilt or remorse
- Inability to forgive yourself or others
- Anxiety
- Intense Anger
- Emotional numbness
- Shame about your abortion
- Isolation
- Insomnia or nightmares
- Flashbacks
- Preoccupation with your aborted baby
- Discomfort around or keen interest in babies
- Preoccupation with becoming pregnant again
- Suicidal thoughts
- Difficulty in relationships
- Fear that God will punish you
- Problems with drugs/alcohol

The Rachel's Vineyard retreat materials are written by Dr. Theresa Karminiske Burke, Ph.D. LCP, NCP.